



MALVERN
COLLEGE EGYPT

CCA

Co-curricular Activities
Guide



Spring Term
Jan/Feb 2024

What are CCAs



At Malvern College Egypt, a student's education is not limited to the academic curriculum. Out of class, the College has much to offer, and there are many opportunities to try new things.

During the Spring term we are proud to be able to offer a range of previously offered and new activities to students as part of the CCA programme, a number of which are off-site and are the first to be used by any school in Egypt. We are particularly proud to be associated with the Cairo Pickleball Academy and Nathaly Sabalza, an internationally award winning aerial artist and instructor.

At Malvern College Egypt the co-curriculum is an important part of a holistic curriculum that provides a transformational learning environment for the whole student.

The principles underlying the co-curriculum:

1. To encourage a balance between creativity, action and service.
2. To encourage pupils to engage in new experiences and develop new skillsets.
3. To promote health and well-being.
4. To enable pupils to develop transferable skills and the Malvern Qualities.

Participation in the CCA program is optional for students. On CCA days, school buses will depart at the regular time, 15:00. If a student does not participate in a CCA, they can commute home as usual by bus, parents or driver at the regular dismissal time of 15:00. For students participating in a CCA, parental pick-up or designated driver pick-up is scheduled for 16:15. In the case of off-site CCA activities, transportation to the venue is arranged, but it is the responsibility of parents to collect their child from the venue promptly at 16:15.

We encourage sixth form students to participate, however the College would also be interested if they would like to support a CCA alongside a teacher.



The timing of CCAs:

At Malvern College Egypt we offer CCA s to students on:

- Wednesday afternoon
- From 15:15 to 16:15.

PROCEDURES FOR CCAs

Students and parents

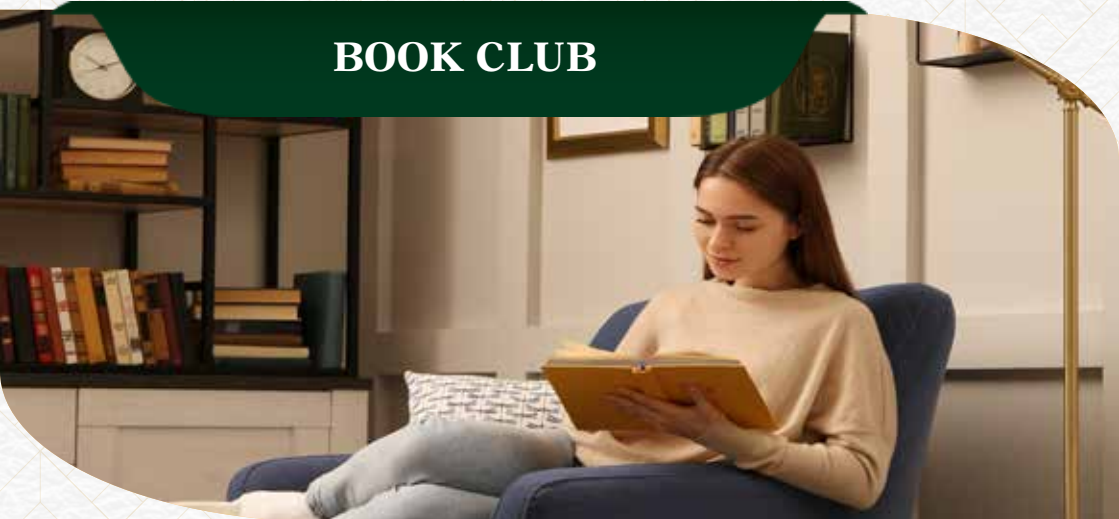
1. Students and parents are provided with a link to an online booklet explaining the activities on offer.
2. An assembly is given to students about the activities on offer.
3. Students and parents choose an activity if they wish to participate – CCAs for students are voluntary.
4. Places are allocated on a first come first served basis. This will be confirmed by the Co-Curricular Activities Office.

Transport Arrangements and Collections

Transport on a CCA day (Wednesday) will be the same as any other school day leaving at 15:15. If a student is participating in a CCA, then it is the responsibility of the parents to arrange collection from school at the end of the CCA at 16:15.

Students participating in an off-site CCA will use school provided transportation. This will leave the College at 15:05 to go to the venue. It is expected that parents will then collect their child from the off-site venue at 16:15. We ask parents to avoid being late; considerate of the coaches and instructors who may have other commitments after the college's CCA session has come to an end.

BOOK CLUB



Good company, good books, and plenty of personal development opportunities – as well as great fun. Truly, there are many good reasons why you should join the MCE book club! Book clubs are a way to enjoy the pleasure of reading with other people. Book clubs are important for helping to foster curiosity and a habit of learning. Joining the book club will make you accountable for reading more books than you might otherwise, the carry-on effect of learning is more likely to happen.



Instructor(s)
Sonia Fowler



Year Group(s)
Yr 7 to Yr 11

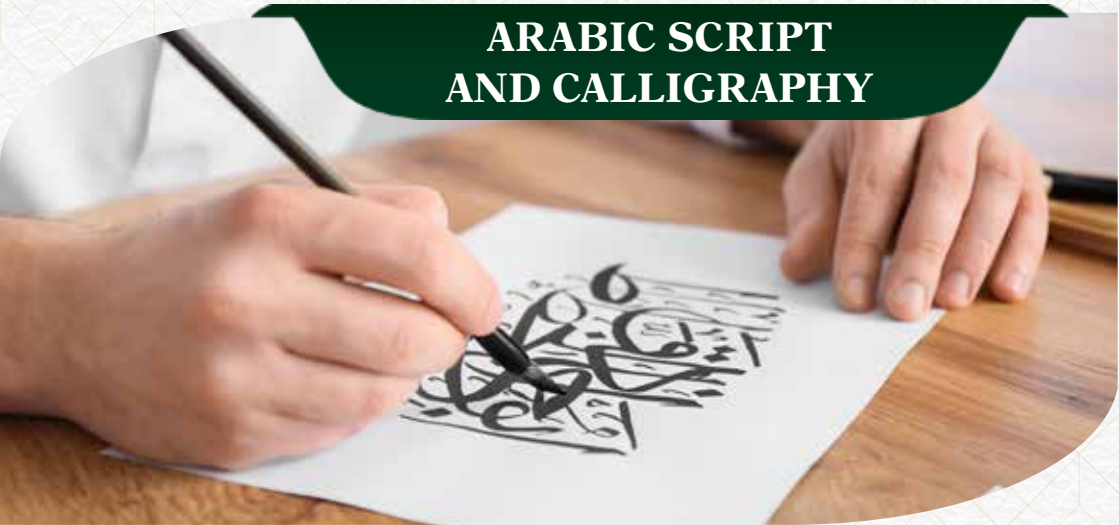


Location
On Site



Maximum Class Size
16

ARABIC SCRIPT AND CALLIGRAPHY



Delve into the captivating world of Arabic script and calligraphy. Here, we will explore the profound meanings and intricate artistry behind Arabic script and calligraphy. Whether you're passionate about language, culture, or simply curious about the beauty of this ancient art form, these sessions promise to unveil the rich history and significance of Arabic script. Join us as we embark on a journey of artistic expression and cultural discovery through the elegance of calligraphy.



Instructor(s)

Haytham Ibrahim



Year Group(s)

Yr 7 to Yr11



Location

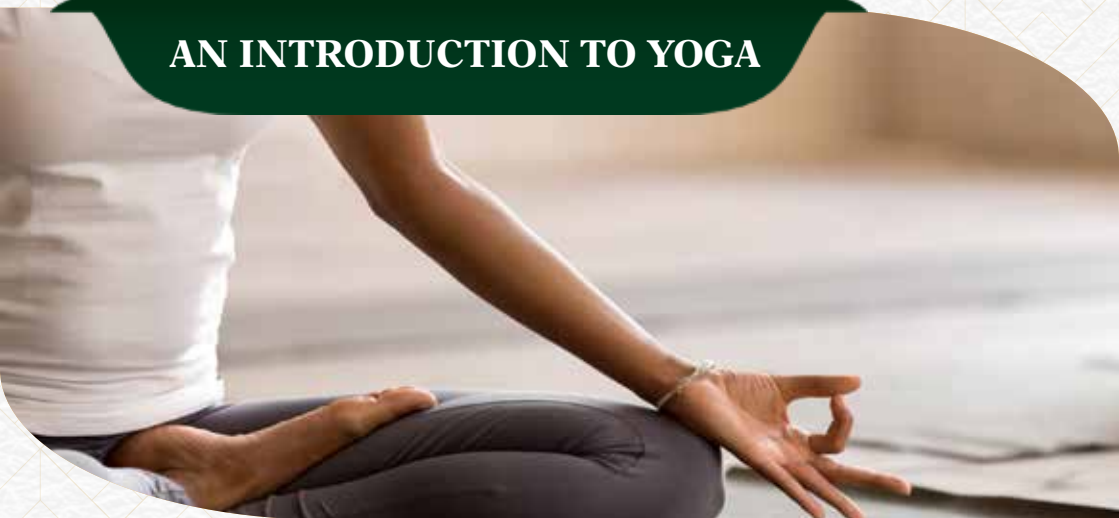
On Site



Maximum Class Size

12

AN INTRODUCTION TO YOGA



Discover the world of Yoga, perfect for those who are eager to explore its wonders or simply have a budding interest in this practice. Our Yoga classes are thoughtfully designed to enhance both flexibility and strength, making them suitable for everyone, from beginners to experienced enthusiasts. Join us on this journey of self-discovery and wellness as we delve into the art of Yoga, where you'll find not only physical benefits but also mental and spiritual harmony too!



Instructor(s)

Kanistan Navaratnam



Year Group(s)

Yr 7 to Yr 11



Location

On Site

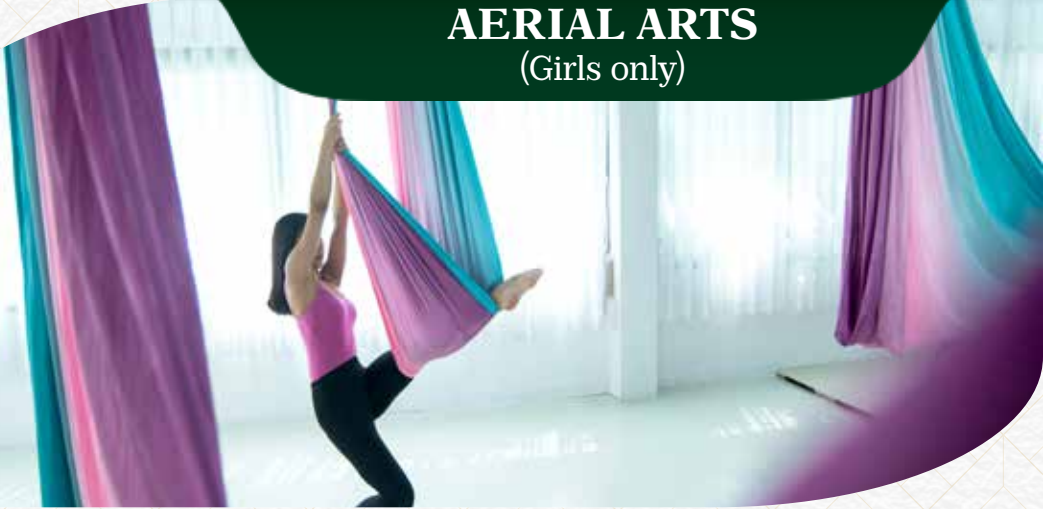


Maximum Class Size

10

AERIAL ARTS

(Girls only)



Join us for an extraordinary extracurricular adventure where we have the privilege of learning from the remarkable Nathaly Sabalza. As a highly qualified and globally acclaimed Aerial Artist, Nathaly has earned numerous accolades and titles, including a gold medal at the prestigious South American Championships in 2016 and her most recent triumph at the Turin Pole Championships in 2022. Get ready to be inspired and guided by a true champion in the world of aerial arts, as we embark on a thrilling journey of skill, creativity and breathtaking performances.



Instructor(s)

Nathaly Sabalza



Location

Aerial Grace Studio in Maadi.



Venue

[https://maps.app.goo.gl/
NwLFyfcu8R4HrLETA](https://maps.app.goo.gl/NwLFyfcu8R4HrLETA)



Year Group(s)

Yr 5 to Yr 8



Maximum Class Size

10



Cost

2,500 L.E

ARABIC FILM STUDIES



Welcome to the fascinating world of 'Arabic Film Studies', where we dive into the mesmerising realm of Arabic cinema! In this extracurricular activity, we will explore the art, culture and storytelling found in Arabic films. Whether you're a film enthusiast or just eager to explore diverse narratives, these sessions will immerse you in the beauty of Arabic cinema. Join us on this cinematic journey as we unravel the tales, themes and artistic brilliance showcased in Arabic films from across the region.



Instructor(s)

Moustafa Abdelrahman



Year Group(s)

Yr 10 to Yr 13



Location

On Site



Maximum Class Size

12

CRAFTS AND CREATIONS

Welcome to 'Crafts and Creations', where the world of imagination knows no bounds! Get ready to unleash your artistic flair and craft your way through a world of creativity. From making projects to imaginative crafts, these sessions are your canvas to explore and express your unique ideas. Join us for a delightful journey of crafting and camaraderie, where every creation is a masterpiece waiting to happen.



Instructor(s)
Lynne Lewis



Location
On Site



Year Group(s)
Yr 1 and Yr 2



Maximum Class Size
12



Cost
375 L.E

GOOGLE WORKSPACE HELP SESSIONS



The school is utilising the Google suite of software programmes. This is an activity where students can gain an understanding of Google Docs, Google Sheets, Google Slides and Google Forms.



Instructor(s)
Andrew Buddy



Year Group(s)
Yr 7 to Yr 13



Location
On Site



Maximum Class Size
16

SCHOOL CHOIR



Singing in a choir is just fun! An opportunity to join a group of like minded individuals to enjoy the opportunity to sing as part of a group. This creates a strong bond with the people around you and can help take your mind off of the stresses of everyday life. Singing has also been shown to improve our sense of happiness and wellbeing, people feel more positive after actively singing than they do after passively listening to music.



Instructor(s)
Tim Hawkes



Year Group(s)
Yr 7 to Yr 11



Location
On Site



Maximum Class Size
16

STOCK MARKET CHALLENGE

Want to try investing? The stock market challenge is designed to be a fun, and informative way to learn about the stock market and enjoy a competition against other students to make the best investments. Students select and manage a pretend portfolio of stocks and bonds to learn what affects share and market prices and see if their share selections out-perform other students.



Instructor(s)
Razza Askari



Year Group(s)
Yr 9 and Yr 13



Location
On Site



Maximum Class Size
16

BOARD GAME EXPLORERS

Welcome to the realm of tabletop adventures in our exciting exploration of board games! Here, you will have the chance to discover and learn new games, delve into rulebooks, and experience the thrills of strategy and competition. These sessions emphasise sportsmanship and collaboration, encouraging you to support one another and accept that sometimes there can only be one winner.



Instructor(s)
Ceri Lewis



Year Group(s)
Yr 2 and Yr 3



Location
On Site



Maximum Class Size
12

BOXERCISE



Are you ready to rumble with the Headmaster? Boxercise is a dynamic workout that combines boxing with cardio, offering a fun way to get fit, reduce stress and learn some boxing skills. It is an effective fitness regime that helps you achieve your goals. Beyond physical benefits, Boxercise also serves as a great stress-reliever, allowing you to release tension in an invigorating way. Get ready to challenge yourself, have a blast, and leave each session feeling stronger and disciplined! You will need to bring a PE kit and water bottle for these sessions.



Instructor(s)

Gavin Boyle



Year Group(s)

Yr 6 to Yr 13



Location

On Site



Maximum Class Size

18

CHESS CHAMPIONS

(Primary Yr 5-6)



Are you ready to step into the world of competitive chess? Join us for the Primary Chess League, an exciting club designed for those with prior chess experience. If you're passionate about the game and eager to challenge your strategic skills, this is the perfect opportunity to showcase your talent and engage in thrilling chess battles with fellow enthusiasts to be a grandmaster!



Instructor(s)

Jason Weinrabe



Year Group(s)

Yr 5 to Yr 6



Location

On Site



Maximum Class Size

24

CHESS CHAMPIONS

(Secondary Yr 7- Yr 11)



Are you ready to step into the world of competitive chess? Join us for the Secondary Chess League, an exciting club designed for those with prior chess experience. If you're passionate about the game and eager to challenge your strategic skills, this is the perfect opportunity to showcase your talent and engage in thrilling chess battles with fellow enthusiasts to be a grandmaster!



Instructor(s)

Darragh Murphy
Seedy Ceesay



Year Group(s)

Yr 7 to Yr 11



Location

On Site



Maximum Class Size

16

QUIZ CLUB



A great club to join if you want to learn and test your general knowledge with mini quizzes. Use the information you learned in your classes or from outside school in a competitive setting, if you are a trivia buff, or if you're just really good at memorising facts this will be the CCA for you.



Instructor(s)
Stefan Thresh



Year Group(s)
Yr 7 to Yr 11

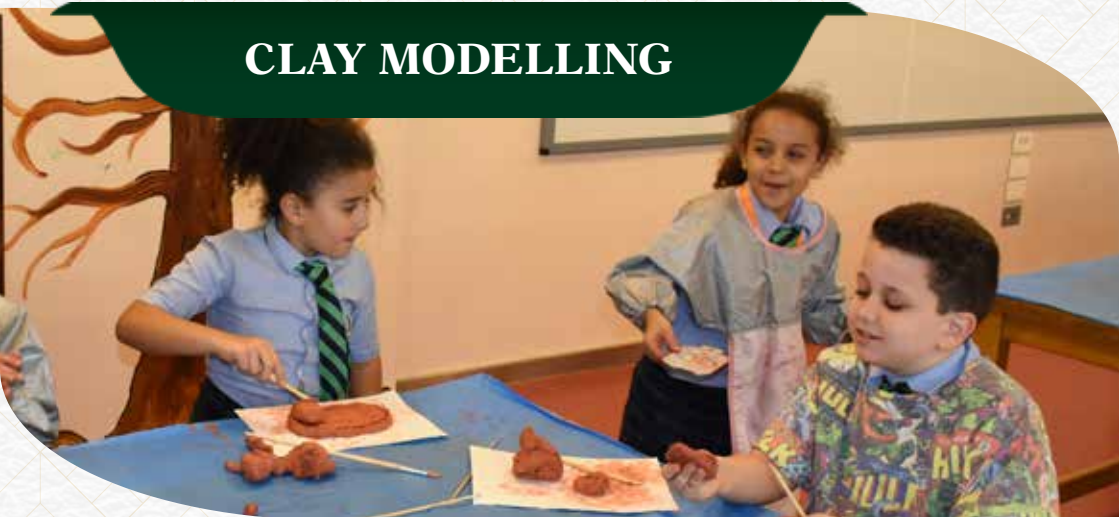


Location
On Site



Maximum Class Size
16

CLAY MODELLING



Welcome to the world of clay modelling, where your imagination takes shape! Join us for these creative sessions where you'll explore the art of transforming ordinary clay into intricate sculptures and artworks. Throughout the journey, you will acquire valuable techniques and skills, including the use of specialised tools. Whether you're an experienced artist or simply looking to ignite your creative spark, this is the ideal space to unleash your imagination. Join us on this captivating adventure and uncover the magic of moulding and sculpting clay into magnificent and one-of-a-kind creations!



Instructor(s)

Alvarino De Sousa



Year Group(s)

Yr 3 to Yr 4



Location

On Site



Maximum Class Size

15



Cost

375 L.E

CONSTRUCTION CLUB



Welcome to the construction club, where young builders embark on exciting adventures through the world of creativity and construction! If you love building and creating, this is the perfect club for you. Join us for hours of fun as we explore the limitless possibilities of construction toys. From building towering structures to crafting your own models using various construction toys, our club is a place where budding architects can let their imaginations run wild. Get ready to build, design, and have a blast!



Instructor(s)
Jonathan Burrows



Year Group(s)
Yr 1 and Yr 2



Location
On Site



Maximum Class Size
16

DELF FRENCH



PARLEZ-VOUS
FRANÇAIS?

Welcome to the Diploma of French Language (DEFL) course, tailored for young learners eager to dive into the world of French language and culture! This course is a fantastic gateway to French, emphasising fundamental vocabulary, grammar, and communication skills. Join us for an exciting journey where students not only enhance their language abilities but also discover the vibrant tapestry of French culture.



Instructor(s)

Joseph Yacoub



Year Group(s)

Yr 4 to Yr 6



Location

On Site



Maximum Class Size

12

DISNEY SING-A-LONG



If you're a fan of Disney classics and love to sing along to your favourite songs, this is the perfect club for you. Join us for hours of melodious fun as we gather to sing some of the most beloved Disney songs. Whether you're a budding vocalist or just want to enjoy the music, our club promises a memorable and enchanting experience for all. Let's embark on a musical adventure through the enchanting world of Disney together!



Instructor(s)

Stacey Fitzpatrick



Year Group(s)

Yr 3 to Yr 4



Location

On Site



Maximum Class Size

15

BASKETBALL (GIRLS & BOYS)



Get ready to hit the court and unleash your basketball skills in our Girls' Basketball club! If you're passionate about the game and eager to learn, this is the perfect opportunity to join a supportive and empowering community of female athletes. From dribbling to shooting hoops, we'll work on mastering the fundamentals of basketball while fostering teamwork and fair play. Join us for a thrilling experience where you can showcase your talents and have a ball on the court!



Instructor(s)

Bart Garrison



Location

On Site



Year Group(s)

Yr 7 to Yr11



Maximum Class Size

15

ART CLUB

The purpose of Art Club is to provide students who have an interest in art, whether a student in an art class or not, the opportunity to express themselves with creativity. It gives students the opportunity to work individually and in groups on a short project after-school.



Instructor(s)
Carol Jones



Year Group(s)
Y7 to Yr 13



Location
On Site



Maximum Class Size
16

GOLF DRIVING RANGE



Elevate your golf game with top-notch coaching at Uptown Cairo. Our expert instructors are here to help you refine your skills and take your golfing prowess to new heights. Whether you're a beginner looking to get started or a seasoned golfer aiming for improvement, our range is the ideal place to enhance your game. Join us and tee off on a journey to golfing excellence!



Instructor(s)

Jeremy Hart
Pete Doherty



Year Group(s)

Yr 7 to Yr13



Location

Off Site



Maximum Class Size

16



Venue

Uptown Cairo



Cost

2000 L.E

MORALITY IN MOTION

(Films with a Message)

Welcome to “Morality in Motion: Films with a Message,” where we explore the power of storytelling through cinema! In this captivating club, we delve into a world of thought-provoking films that carry meaningful messages. Join us for cinematic adventures that spark discussions, inspire change, and leave a lasting impact. Whether you’re a movie buff or simply curious about the stories that shape our world, this club promises an engaging journey of exploration and enlightenment. Get ready to be moved, inspired and entertained by the magic of film!



Instructor(s)

Mohamed Hassan



Year Group(s)

Yr 9 to Yr 13



Location

On Site



Maximum Class Size

12

INTRODUCTION TO SAILING

Welcome aboard where we set sail on a nautical adventure of knowledge and exploration! If you've ever dreamt of mastering the art of sailing, this is the perfect club to embark on your journey. Join us as we delve into the theoretical aspects of sailing, from understanding wind patterns to navigating the open waters. Whether you're a future sailor or simply curious about the world of sailing, our club promises an engaging experience where you'll learn the ropes of this timeless and captivating sport. Get ready to chart a course to new horizons!

Learn the theory behind sailing a keel boat. Students have first refusal to take part in a two day practical introduction on board a sail boat at the Red Sea (the date to be confirmed). Students must be 16 years of age in order to choose this activity.

"The intention is that participants on this CCA will have first refusal to take part in a two day practical sailing trip on a keelboat at the Red Sea"



Instructor(s)
Ross Little



Year Group(s)
Must be 16 years old.



Location
On Site



Maximum Class Size
5

GARDENING CLUB

Welcome to the world of green thumbs and vibrant blooms! If you're passionate about plants, flowers and getting your hands dirty, this is the perfect club for you. Join us as we dig, plant and nurture our way through the wonders of gardening. Whether you're a seasoned gardener or just starting out, our club offers a blooming good time for all. Get ready to cultivate your love for nature and watch your garden dreams grow!



Instructor(s)
Jo Jefferis



Year Group(s)
Yr 1 to Yr 3



Location
On Site



Maximum Class Size
12



Cost
375 L.E

JUNK BAND



Get ready to turn trash into treasure with our junk band! If you've ever wondered about the creative potential of everyday items, these are the perfect sessions for you. Join us as we transform ordinary objects into musical instruments, creating a unique and harmonious experience. Whether you're a seasoned musician or simply eager to explore the world of sound, our club promises a rhythmic adventure filled with innovation and eco-friendly fun. Let's make some music and show that creativity knows no bounds!



Instructor(s)

Amanda Weldon
Lincoln Tucker



Year Group(s)

Yr 4 to Yr 6



Location

On Site



Maximum Class Size

12

DANCE CLUB



Welcome to the Dance Club, where we groove, twirl and express ourselves through the art of dance! Whether you're a seasoned dancer or just want to move to the beat, this is the perfect club for you. Join us as we explore various dance styles, from hip-hop to ballet, and let our bodies become instruments of creativity. Get ready to dance your heart out, make new friends and ignite the dance floor, with your passion and rhythm!



Instructor(s)

Gana Hanafy



Year Group(s)

Y7 to Yr 13



Location

On Site



Maximum Class Size

16

KARAOKE EXTRAVAGANZA

Unleash your inner star



Discover the joy of singing your favourite songs and building confidence through karaoke. This exhilarating activity not only lets you shine as a performer but also enhances your literacy skills as you follow lyrics, improve pronunciation and connect with the power of storytelling through music. Whether you're an aspiring singer or just love a good tune, this is a musical adventure where you can express yourself and become a karaoke superstar!



Instructor(s)

Kalyn Macpherson



Year Group(s)

Yr 1 to Yr 2



Location

On Site



Maximum Class Size

12

UNLOCKING THE SECRETS OF HIEROGLYPHICS

We will embark on a thrilling journey through the fascinating world of ancient Egyptian writing. If you've ever been curious about deciphering the mysterious hieroglyphs and exploring the stories they tell, this is the perfect club for you. Join us as we decode the language of the pharaohs, unveil the secrets of ancient texts, and connect with one of history's most captivating civilisations. Get ready to unravel the mysteries and step back in time with us!



Instructor(s)

Moussa Youssef



Year Group(s)

Yr 6 to Yr 8



Location

On Site



Maximum Class Size

16

MINDFUL MANDALAS

Therapeutic Colouring



You will embark on a creative and calming journey through the world of mandalas. If you seek relaxation and self-expression, this is the perfect club for you. Join us as we explore the intricate art of mandala colouring, allowing your inner artist to flourish. Through the therapeutic act of colouring, you'll find serenity and mindfulness while crafting your own mandala masterpieces. Whether you're an experienced artist or just looking for a peaceful escape, this club promises a meditative and artistic adventure. Let's create beautiful mandalas and find tranquillity together!



Instructor(s)

Marzi Elaasar



Year Group(s)

Yr 1 & Yr 2



Location

On Site



Maximum Class Size

12

JEWELLERY MAKING CLUB

If you have a passion for accessories and a desire to craft your own unique jewellery, this is the perfect club for you. Join us as we explore the art of jewellery making, from selecting materials to designing and crafting your very own pieces. Whether you're a budding artisan or simply looking for a creative outlet, our club offers a sparkling opportunity to express your style and create wearable works of art. Get ready to sparkle and shine as you embark on a glittering journey of jewellery creation with us!



Instructor(s)
Sarha Hossam



Year Group(s)
Yr 4 & Yr 5



Location
On Site



Maximum Class Size
12



Cost
375 L.E

PUZZLE CLUB

Step into the captivating world of Puzzle Club, where we're on a mission to unravel the mysteries of mind-bending challenges. Throughout our exciting journey, we'll dive deep into a rich assortment of brain-teasers, including the ever-popular word searches and crosswords, as well as a fascinating array of other word puzzles that will put your cognitive skills to the test. Get ready to exercise your brain, expand your vocabulary, and unleash your problem-solving prowess in a fun and engaging atmosphere where every puzzle leads to a new adventure!



Instructor(s)
Sue McPoland



Year Group(s)
Yr 1 to Yr 2



Location
On Site



Maximum Class Size
12

JUST DANCE



Where the rhythm moves your feet and the music sets your soul free! If you love to dance or just want to let loose on the dance floor, this is the CCA for you. Join us as we groove to the hottest beats and learn fun choreography from a variety of dance styles. Whether you're a dance enthusiast or a newcomer to the world of movement, 'Just Dance' offers an electrifying space to express yourself, get active and have fun. Get ready to dance your heart out and make unforgettable memories on the dance floor!



Instructor(s)

Andressy Downer



Year Group(s)

Yr 3 to Yr 6



Location

On Site



Maximum Class Size

10

MINI-MODEL UNITED NATIONS

Mini MUN



Welcome to the exciting world of Mini-Model United Nations! You will have the opportunity to dive deep into current global affairs, exploring and discussing critical issues that shape our world. Not only will you engage in lively debates and refine your public speaking skills, but you'll also cultivate a sense of critical thinking. Join us in this enriching experience where you'll become a diplomat-in-training, fostering your understanding of international relations and developing the skills to tackle complex global challenges. It is your chance to make your voice heard and be part of a community passionate about creating positive change on the world stage!



Instructor(s)
Amy Ritchie



Year Group(s)
Yr 5 & Yr 6



Location
On Site



Maximum Class Size
10

LEARN TO PLAY PICKLEBALL

Join us for a thrilling pickleball experience led by one of Egypt's top coaches at the Cairo Pickleball Academy! Pickleball is a dynamic sport that blends tennis, badminton and ping-pong using a paddle and perforated plastic ball. These sessions are suitable for players of all abilities. With straightforward rules, it is an excellent sport for those looking to dive into racquet sports and have a ball!



Instructor(s)
Ella Dodd



Year Group(s)
Yr 7 to Yr 13



Location
Cairo Pickleball Academy



Maximum Class Size
16



Venue
Cairo Pickleball Academy



Cost
2,000 L.E

YOGA CLUB



Are you ready to embark on a captivating journey of mindfulness, flexibility, and pure fun? Welcome to our Young Yoga Club, where we'll dive into the enchanting world of yoga! Yoga is a practice that blends gentle movements, soothing breathing exercises and serene meditation. It is like a mystical adventure for your body, mind and spirit! Through yoga, we'll discover how to stretch and strengthen our bodies, just like agile little superheroes. We'll also unlock the secrets of inner peace and serenity, equipping us to stay calm and focused even in the midst of our busiest moments. During our sessions, prepare to explore playful yoga poses inspired by animals, nature, and everyday objects, all with the guidance of Cosmic Kids! You will master the art of balancing like flamingos, stretching like trees, and roaring like lions! Plus, we will practise special breathing techniques that can boost our energy or bring relaxation when needed. Wear your PE kit for this activity.



Instructor(s)

Miriam Sabra



Year Group(s)

Yr 1 & Yr 2



Location

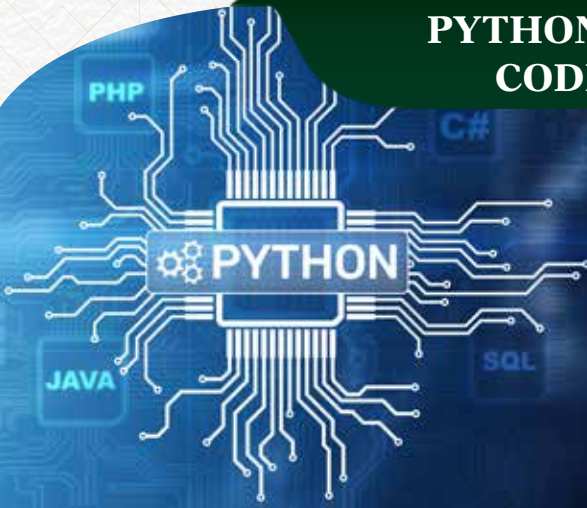
On Site



Maximum Class Size

16

PYTHON COMPUTER CODING CLUB



Are you planning on a career as an engineer in the future? Almost everything an engineer designs now integrates electronics or computer software. This is an opportunity to learn the fundamentals of software coding. It is based around using Python, a computing language that enables students to write bespoke computer software. This session will support students to either start learning how to write computer code or to improve their existing skills.



Instructor(s)
Gareth John



Year Group(s)
Yr 7 to Yr 13



Location
On Site



Maximum Class Size
16

BALLET



Students will delve into the fundamentals of ballet, exploring its artistic and physical benefits. The sessions aim to instill a love for dance while nurturing essential skills. In our profile, you will find exactly all the benefits of ballet classes for this age. Students are taught proper body placement, body alignment, barre and center floor work, along with across the floor combinations.



Instructor(s)
Kythara Dance



Year Group(s)
Yr 1 to Yr 6



Location
On Site



Maximum Class Size
20



Cost
1350 L.E

SPIRITED ARTS COMPETITION

Join us for an exciting journey into Spirited Arts 2024, an annual competition that celebrates young artists and writers exploring spirituality and faith through their creative talents. Hosted by NATRE, a UK-based organisation, this global competition invites children to unleash their imagination and express their thoughts on a specific question or theme. Through various art forms such as painting, drawing, sketching and poetry, you'll have the opportunity to share your unique perspective and be part of an international creative community. It's your chance to let your creativity shine and connect with young minds from around the world and win one of five prizes per category (Amazon vouchers), plus global recognition. Mrs Boyle has had several winners in the past.



Instructor(s)

Helen Boyle



Year Group(s)

Yr 7 to Yr 13



Location

On Site



Maximum Class Size

12

SCIENCE CRAFTS FOR KIDS



In this course, students will make their own toys & learn about the concept each one depends on to operate. They'll use different materials & learn about their properties.

Children will build a fluttering butterfly, learning about how hydraulic systems work. They'll build a blowing horn & learn about how sound is made. They'll make elephant trunk grippers, learning about the concept of gripping with no air particles obstructing things, and a blooming flower that opens & closes and so much more.



Instructor(s)

Science Crafts



Year Group(s)

Yr 3 to Yr 6



Location

On Site



Maximum Class Size

20



Cost

1800 L.E

TABLE TENNIS



Welcome to the world of Table Tennis, where lightning-fast rallies and precision shots take centre stage! Whether you're a seasoned player or just curious about this dynamic sport, our club offers an opportunity to enhance your skills, challenge your reflexes, and enjoy the thrill of the game. Join us for friendly matches, expert coaching and a chance to become a true table tennis enthusiast. Get ready to paddle your way to success and have a smashing good time!



Instructor(s)

Jeremy Excelby
John Stockhausen



Year Group(s)

Yr 7 to Yr 13



Location

On Site



Maximum Class Size

16

COOKING CREATIONS



The Cooking classes are an entertaining, fun, and educational experience for children. We have designed some unique programs that combine hands-on cooking lessons with entertainment and educational elements, to provide your students with a unique and unforgettable experience. They will have the opportunity to explore the world of culinary arts, learn delicious recipes, creating lasting memories and strengthening relationships.



Instructor(s)

The cooking school



Year Group(s)

Yr 3 to Yr 6



Location

On Site



Maximum Class Size

25



Cost

2000 L.E

HIP-HOP

Participants will experience the dynamic fusion of hip-hop and modern dance, discovering the expressive and energetic elements of these styles. The workshops emphasize the enjoyment of movement and its positive impact. Participants learn muscle control, re-centering and body alignment related to various Street/ Hip Hop dances, dance forms and dance styles. The course is designed to explore Beats (Body, Emotion, Action, Time, Space) body language, mechanics and spiritual modes present in a variety of African American/Afro-diasporic social/trendy/popular dance practices.



Instructor(s)

Kythara Dance



Year Group(s)

Yr 7 to Yr 9



Location

On Site



Maximum Class Size

20



Cost

1350 L.E

TENNIS



Tennis is a good sport for maintaining health, fitness, strength and agility. It is a chance to play some tennis, whether to start playing or to improve. A coach will be on hand to support and suggest improvements to develop your game.



Instructor(s)

Krishna Patel



Instructor(s)

7 Tennis Academy
at Club 7



Year Group(s)

Yr 7 to Yr 11



Maximum Class Size

16



Cost

1000 L.E

SCIENCE CRAFTS FOR TEENS



In this course, students will learn about the structural differences between gases and liquids, conducting experiments to highlight the incompressibility of liquids. They will then apply this knowledge by creating a hydraulic system to remotely operate individually built lifting jack models. The course extends beyond, introducing students to robotics without the need for pre-set bulky components. They will build robots, including a Servo motor and a controllable mixer, exploring concepts like automation, sensors, and various control types. The course concludes with students showcasing their robots.



Instructor(s)

Science Crafts



Location

On Site



Year Group(s)

Yr 7 to Yr 9



Maximum Class Size

20



Cost

1800 L.E

COLLABORATIVE GAMES AND DRAMA



Come and have fun engaging in a range of exciting and dramatic cooperative games such as : Sea, Ship, Shore; Red Light - Green Light; Blind Man's Walk; Conscience Alley; Zip - Zap and many many more. The focus in this CCA will be upon individual enjoyment, development of social and interplay skills, as well as extending their creative and dramatic vision.



Instructor(s)
Ronan O'Marcaigh



Year Group(s)
Yr 3 to Yr 6



Location
On Site



Maximum Class Size
16

COOKING MARVELS

In this course, students will learn about the structural differences between gases and liquids, conducting experiments to highlight the incompressibility of liquids. They will then apply this knowledge by creating a hydraulic system to remotely operate individually built lifting jack models. The course extends beyond, introducing students to robotics without the need for pre-set bulky components. They will build robots, including a Servo motor and a controllable mixer, exploring concepts like automation, sensors, and various control types. The course concludes with students showcasing their robots.



Instructor(s)

The cooking school



Year Group(s)

Yr 7 to Yr 9



Location

On Site



Maximum Class Size

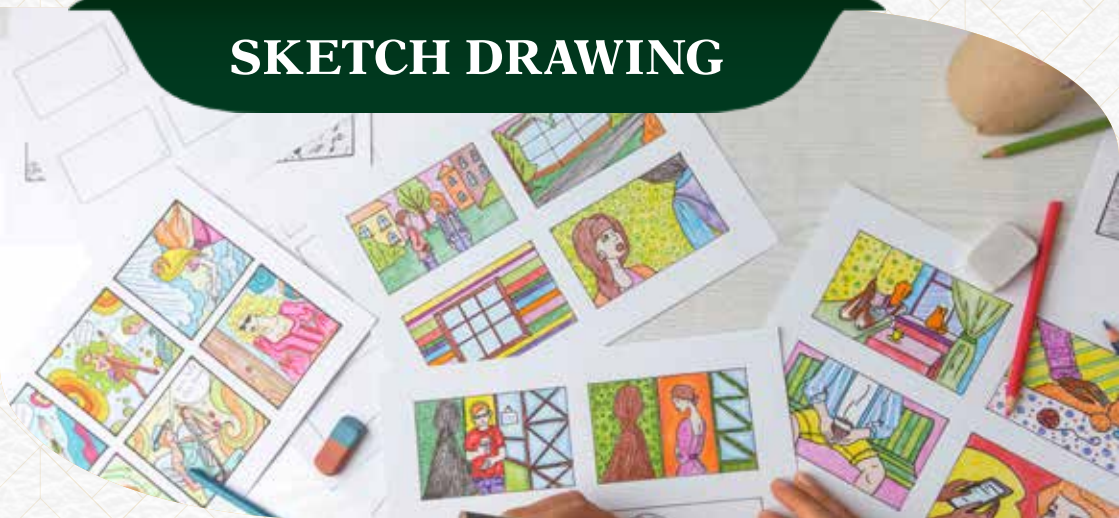
25



Cost

2000 L.E

SKETCH DRAWING



Come along and have fun as you learn to sketch using pencil and shading. We will use step by step techniques to draw real life images and characters.



Instructor(s)
Ashly Wallace



Year Group(s)
Yr 3 to Yr 6



Location
On Site



Maximum Class Size
12

GRIFFIN'S DEN

Welcome to the Griffin's Den, where you will become a young entrepreneur, creating, researching and pitching your ideas to the panel. You will design your own product or business idea and then create a full business proposal, which you will pitch to the panel to "gain funding for your idea." This activity is part of a collaboration project with Malvern College International.



Instructor(s)
Mark Kelly



Year Group(s)
Yr 3 to Yr 6



Location
On Site



Maximum Class Size
12

TOUCH RUGBY



If you enjoy competitive team games then this activity is for you. Derived from rugby, 'Touch Rugby' is a game in which players do not tackle each other but instead touch their opponents using their hands on any part of the body, clothing, or the ball. Develop your skills and tactics in this brand new and exciting CCA.



Instructor(s)

Peter Hewinson



Year Group(s)

Yr 5 to Yr 6



Location

On Site



Maximum Class Size

16

KWIK CRICKET



Looking to try something new? Then come along to learn all about the game of Kwik Cricket. This is a fully inclusive game where the emphasis is on participation and enjoyment. Kwik Cricket is a simple game for all students aged 8 years upwards. The aim is to give children of all abilities the opportunity to play cricket in a fun, fair and safe environment.



Instructor(s)

Paul Curtis



Year Group(s)

Yr 4 to Yr 6



Location

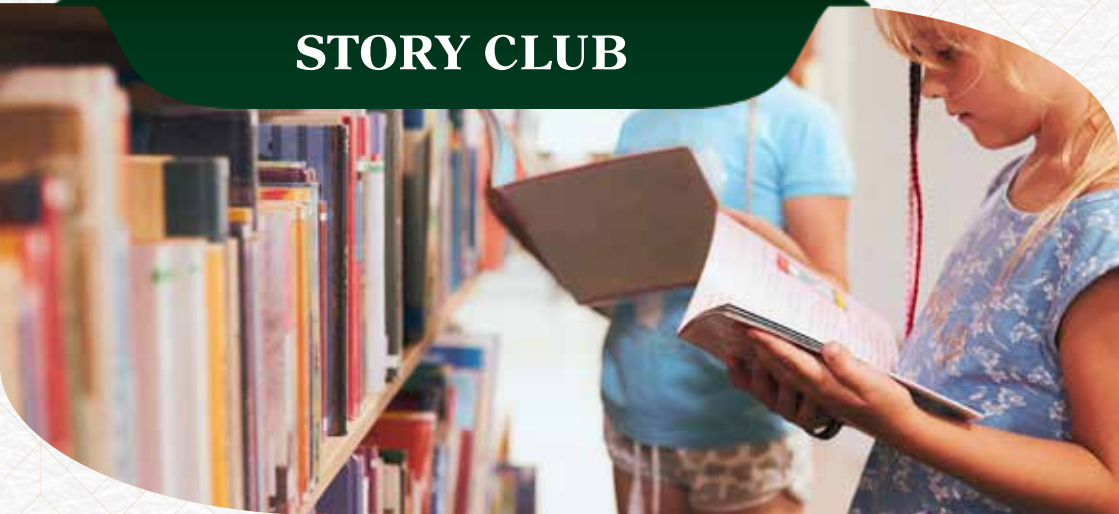
On Site



Maximum Class Size

16

STORY CLUB



Come on an adventure with story club. Let's explore different stories and expand our vocabulary skills while getting creative and using our imagination.



Instructor(s)

Rebecca Mc Laughlin



Year Group(s)

Yr 2 to Yr 4



Location

On Site



Maximum Class Size

12

Malvern College Egypt - CCA Disclaimer

We are delighted that your child is participating in the after-school Co-curricular activity (CCA) offered by Malvern College Egypt (MCE). We believe that such activities will enrich your child's educational experience and personal growth. Prioritising the safety and well-being of all participants is paramount and while MCE diligently incorporates every precaution to safeguard your child's health and welfare, it's crucial to acknowledge the inherent risks associated with any activities. To this end, you are required to provide your consent to the following disclaimer, which outlines the terms and conditions for participation:

1. Assumption of Risk: I understand that participation in the CCA involves inherent risks, including but not limited to physical injury, accidents, or unforeseen events. I acknowledge that these risks exist and agree that my child will participate in the CCA willingly.

2. Emergency Medical Treatment: In the event of an accident or injury during the CCA, I authorise school staff or designated medical personnel to provide necessary medical treatment and transportation for my child. I also understand that I will be responsible for any associated medical expenses.

3. Release of Liability: I release the school, its employees, agents, volunteers, and any affiliated organisations from any liability, claims, or demands for personal injury, property damage, or any other loss that may occur during my child's participation in the CCA, regardless of how such injury, damage, or loss occurs.

4. Insurance Coverage: I acknowledge that it is my responsibility to ensure that my child has appropriate health and accident insurance coverage during their participation in the CCA.

5. Behaviour and Conduct: I understand that my child is expected to adhere to the rules and guidelines established by the school and the CCA organizers. Failure to do so may result in their removal from the activity.

6. Photography and Publicity: I grant the school permission to use photographs, videos, or other media featuring my child for promotional or educational purposes related to the CCA, without compensation or prior notice.

7. Transportation: If transportation is provided as part of the CCA, I acknowledge that my child will be subject to the rules and regulations of the transportation provider. I understand and agree to the required collection arrangements.

CCA

Co-curricular Activities Guide

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