



**MALVERN**  
COLLEGE EGYPT

**MCE CCA**  
**TERM 3**

BOOKLET INFO  
FROM SALLY MADEN



# WELCOME FROM SALLY MADDEN

Dear Parents

I would like to thank everyone for their support with the Co-Curricular Activities programme this year. The programme successfully expanded to include Nursery and Reception in Term 3 and the Parent Activity programme has been a huge success and is set to continue in Term 3.

At Malvern College Egypt we believe in the importance of educating and supporting the whole child and recognise the needs for physical health, extra academic challenge and engagement. The schedule for Co-curricular activities can be seen below and I hope that all of the activities we offer will provide students with an opportunity to make some decisions, feel proud of themselves as they learn new things, experience challenge and make new friends outside of the classroom. Please think very carefully when choosing the activities you would like your child to participate in and remember that your child is making a commitment to attend every week for the whole term. Changes are not possible once the programme has started.

Students in Nursery and Reception need to choose one activity on a Sunday. Students in Year 1 and 2 need to choose an activity on a Sunday and Thursday and Students in Year 3 to 9 need to choose an activity on a Monday, Tuesday and Wednesday from 3.10 – 4.20pm. Where possible, we will try to allocate students to their first choice activity but please understand that this is not always possible because some activities have a limited number of spaces available.

Please note that CCAs provided by outside agencies have an associated cost, whilst CCAs provided by Malvern College staff do not.

I look forward to another exciting term of Co-Curricular activities at Malvern College starting in January.

With kind regards  
Sally Madden

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**ACTIVITY:** DANCE

**DESCRIPTION:** Exploring dance through linking simple movements and music.

**TEACHER:** Claire Driscoll

**ACTIVITY:** JUNK MODELLING

**DESCRIPTION:** Model recycled materials into meaningful 3D objects. Strengthens free expression, lateral thought and design skills.

**TEACHER:** Dalia Salama

**ACTIVITY:** LEGO CLUB

**DESCRIPTION:** Build your own amazing creations and engage in challenges with a different theme each week

**TEACHER:** Laura Clark

**ACTIVITY:** YOGA

**DESCRIPTION:** Simple yoga exercises for relaxation and fun.

**TEACHER:** Lucy Koniarska

**ACTIVITY:** LITTLE COOKS CLUB

**DESCRIPTION:** Let's put on our aprons and get ready to try some tasty recipes! Children will be introduced to the basics of cooking in a fun, child-friendly environment.

**TEACHER:** Miriam Sabra

**ACTIVITY:** FAIRY TALES AND ANIMATED STORIES

**DESCRIPTION:** Children will enjoy both listening to and watching animated versions of traditional fairy tales and more modern stories. They will have the opportunity to develop their speaking and listening skills by taking turns to share their thoughts about what is happening in the story and make predictions about what will happen next.

**TEACHER:** Sally Curtis

## YEAR 1 AND 2, 2.20 – 3.10PM SUNDAY



**ACTIVITY :** Ballet

**DESCRIPTION:** Ballet is a theatrical art form using dancing, music, and scenery to convey a story, theme, or atmosphere: dancing in which poses and steps are combined with light flowing figures. This is only for students who participated in Term 2 and are working towards the show Cinderella to be performed in term 3.

**TEACHER:** Mr Bastros

**FEE:** 600LE



**ACTIVITY :** Construction Club

**DESCRIPTION:** Make, break and sometimes take! Show your creative side and use a variety of materials and techniques to construct different structures.

**TEACHER:** Mr Madden

**FEE:** Free



**ACTIVITY :** Spanish for Fun

**DESCRIPTION:** Spanish for beginners. Students will learn some of the basics in Spanish.

**TEACHER:** Mrs Romani

**FEE:** 420LE



**ACTIVITY :** Singing Group

**DESCRIPTION:** This singing class is for students who enjoy singing for fun.

**TEACHER:** Mrs Siag

**FEE:** Free



**ACTIVITY :** Robotics

**DESCRIPTION:** This is a specialist Robotics workshop for younger students. Learn all about robotics and how to send coded messages using simple circuits and build your own robot. This CCA is run by RoBone who specialise in teaching the foundation of modern science, electronics, machinery and robot science in a practical and fun way.

**TEACHER:** RoBone Instructors

**FEE:** 850LE



**YEAR 1 AND 2, 2.20 – 3.10PM THURSDAY**

**ACTIVITY :** Arabic

**DESCRIPTION:** For students who need help with Arabic homework, dictation and reading.

**TEACHER:** Ms Ibrahim & Ms Helmy

**FEE:** Free



**ACTIVITY :** Art Fun

**DESCRIPTION:** The Art Café are offering this unique opportunity to learn about many different art techniques from jewellery making and cake decorating to charcoal drawing, puppetry and origami. This is a fun CCA for students who like to be creative.

**TEACHER:** The Art Cafe

**FEE:** 650LE



**ACTIVITY :** Cosmic Yoga

**DESCRIPTION:** Yoga can help your kids with anxiety and stress. It's fun and great for balance, strength and confidence. For more information check out the website: <https://cosmickids.vhx.tv/>

**TEACHER:** Mrs Aspinall

**FEE:** Free



**ACTIVITY :** French

**DESCRIPTION:** This fun French course run by the Cairo Language School will help students learn the French Alphabet, numbers from 0 to 60, days of the week, animals, fruits, vegetables and colours, foods, music and much more. All students will receive a certificate on completion of the CCA.

**TEACHER:** Cairo Language School

**FEE:** 420LE



**ACTIVITY :** Library Club

**DESCRIPTION:** Storytelling and reading in the Library.

**TEACHER:** Mrs Hardwick

**FEE:** Free



**ACTIVITY :** Swimming

**DESCRIPTION:** Swimming for fun for all ages and abilities

**TEACHER:** Mr Diab

**FEE:** Free

## TERM 3 CO-CURRICULAR ACTIVITIES (CCAS) FOR YEAR 3 TO 9

### MONDAY

Activity	Year groups	Description	Cost per Term
Art Exploration	3 - 9	The Art Café are offering this unique opportunity to learn about many different art techniques from jewellery making and cake decorating to charcoal drawing, puppetry and origami. This is a fun CCA for students who like to be creative.	800LE
Arabic Support	9	Support for the Ministry Exam.	Free
Ballet dancing for girls	3 - 9	Ballet is a theatrical art form using dancing, music, and scenery to convey a story, theme, or atmosphere: dancing in which poses and steps are combined with light flowing figures. This dancing class is for the girls who have been working towards the show Cinderella to be performed in May.	450LE
Body Pump™	3 - 9	BODY Pump™ is a fitness class with moves that cater for total beginners to total addicts.	420LE
Coding Games	8 - 9	Coding games for students on the IGCSE Computing pathway with Mr Lawman	Free
Computer Maths	3-6	Practise and improve your maths by using fun but educational websites.	Free
Homework Club (optional)	3 - 9	Students will be able to complete homework set by classroom teachers before taking a bus home. The teacher will assist with interpreting the instructions, giving advice on how to tackle the homework task. Organisational skills will be introduced such as: keeping a diary, overcoming procrastination and other issues preventing pupils from completing homework. The teacher will not however do the homework for the child.	Free
IGCSE Art Group	9	Please only sign up if you are taking IGCSE Art and would like some extra time to further develop your artwork (see Mr Faux for further details).	Free
Judo	3-9	A modern Martial Arts session run by the Ippon Academy. This is Judo for beginners or for students who already have some basic skills. Judo is a dynamic and fun combat sport that demands both physical prowess and great mental discipline. Please note: there will be an additional cost for a Judo outfit	650LE
Library Club	3 - 5	An opportunity for students to read a book, design a book cover and share the story with the rest of the group, looking and what they liked and disliked about their book.	Free
Netball for girls	5 - 9	Netball is an exciting fast and fun game and in this CCA you will learn the rules and skills of the game.	Free
Silly Science Club	6 - 7	The 'Silly' Science Club explores Science in a fun way. Come along and make 'goo' and ice-cream and fly paper planes without getting into trouble! You don't have to be a 'Mad Scientist', just mad about Science! Only for students who didn't participate in Term 2.	Free
Swimming	5- 7	Swimming for all abilities	Free
Touch Rugby	3 - 9	Touch rugby is a version of rugby that is less intense and does not include tackling or kicks. The basics of the sport are similar to the traditional game in that you pass the ball backwards and have six opportunities to score. Girls & Boys welcome	Free
Yoga	3 - 9	A supportive and fun beginner Yoga class in which you are encouraged to be gentle with your body! Yoga offers an opportunity to explore your current status and then move beyond that to discover new depths within yourself.	480LE

Activity	Year groups	Description	Cost per Term
Arabic (Ministry) support	3- 4	This is for students who wish to have additional support in Arabic homework, dictation and reading.	Free
Body Balance	3 - 9	A very enjoyable activity and ideal for anyone and everyone. Body balance is a yoga-based class to improve your mind, your body and your life.	650LE
Brain Training	3 - 6	Lots of fun activities to train the brain, using various puzzles and brain teasers which test your memory, attention, speed and problem solving abilities.	Free
Cartoon Direction	3 - 9	Cartoon Direction- run by RoBone who specialise in teaching the foundation of modern science, electronics, machinery and robot science in a practical and fun way. Learn about making cartoons and stories using simple programmes	1000
French for beginners	3- 6	This French course run by the Cairo Language School will help students learn the French alphabet, phonetics, reading, counting from 0 to 100 and basic conversations. Lessons will be given with more group activities such as playing games, videos and pictures as well. Students will also learn about French culture, music, museums, food and geography for tourism purposes. All students will receive a certificate on completion of the CCA.	480
Hip Hop	3 - 9	Learn to dance to hip hop music. This fun and active dance style will get students moving to Hip Hop style music. All ages and abilities welcome.	680
Homework Club (optional)	3 - 9	Students will be able to complete homework set by classroom teachers before taking a bus home. The teacher will assist with interpreting the instructions, giving advice on how to tackle the homework task. Organisational skills will be introduced such as: keeping a diary, overcoming procrastination and other issues preventing pupils from completing homework. The teacher will not however do the homework for the child.	Free
Karate	3 - 9	The Karate program will provide you with the foundations of karate techniques and build you up so that you are able to master more advanced moves. This program is perfect for you if you are trying to learn beginner or advanced Karate or just want to use Karate as a form of exercise.	Free
IGCSE French	9	IGCSE French / An opportunity to go beyond what is done in the classroom, organising oneself for the exam, practising different exams, learning useful tips. Year 9 students only.	Free
School Production Rehearsals	3 - 9	For all students who are in the School Production (must attend both Tuesday and Wednesday School Production CCA)	Free
Spanish Club	6 - 9	This Spanish course will help students learn the Spanish alphabet, phonetics, reading, counting from 0 to 100 and basic conversations. Lessons will be given with more group activities such as playing games, videos and pictures as well. Students will also learn about Spanish culture, music, museums, food and geography for tourism purposes.	480
Swimming	6 - 9	Swimming for all abilities	Free
Silly Science Club	6 - 7	The 'Silly' Science Club explores Science in a fun way. Come along and make 'goo' and ice-cream and fly paper planes without getting into trouble! You don't have to be a 'Mad Scientist', just mad about Science!	Free
Table Tennis	6 – 9	Introducing table tennis rules for beginners, as well as coaching for players to develop their skills and techniques. Students will practise playing both single and doubles ping pong.	Free
Touch Rugby	8 - 9	Touch rugby is a version of rugby that is less intense and does not include tackling or kicks. The basics of the sport are similar to the traditional game in that you pass the ball backwards and have six opportunities to score. Girls & Boys welcome	Free



Activity	Year groups	Description	Cost per Term
Arabic Ministry Support	5 - 6	Additional support for the Ministry Exam in small classes.	Free
Athletics	3 - 9	Athletics is a collection of sporting events that involve competitive running, jumping, throwing and walking. In this CCA you will get the opportunity to learn different skills involved in Athletics.	Free
Body Attack™	3 - 9	BODYATTACK™ is a high-energy fitness class with moves that cater for total beginners to total addicts.	650LE
Debating Club	8 - 9	Debating club designed to develop reasoning and speaking skills. Our expert coaching staff intensively train students who wish to take up public speaking on a competitive level in all forms of debates, i.e. MUN. The focus will be on developing students' presentation and advocacy skills and helping students to develop an understanding on how to plan a speech and how to build a strong and persuasive argument.	FREE
Golf	3 - 9	Practice your swing on a professional Golf Course at The Marriott Hotel - beginners to intermediate welcome (transport included in the price).	750
Homework Club (optional), Year 3-9	3 - 9	Students will be able to complete homework set by classroom teachers before taking a bus home. The teacher will assist with interpreting the instructions, giving advice on how to tackle the homework task. Organisational skills will be introduced such as: keeping a diary, overcoming procrastination and other issues preventing pupils from completing homework. The teacher will not however do the homework for the child.	Free
Library Club	6 - 9	An opportunity for students to read a book, design a book cover and share the story with the rest of the group, looking and what they liked and disliked about their book.	Free
Mindful Colouring	4 - 7	Learn all about needlework techniques such as cross stitch, embroidery, needlepoint, crochet or tatting. Find out what supplies you need, how to prepare your materials and how to start stitching and how to stop. Get the basics of what the crochet pattern symbols really mean, how to transfer embroidery designs, how to thread your needle and more!	Free
Research Club	7 - 8	Students chose their own area of interest to research. They will learn how to research, summarise and present their findings in a structured way.	Free
Robotics	5 - 9	A specialist Robotics workshop for older students. Learn about electric circuits, sending coded messages. Find out all about mechanics and how to build a simple car. This CCA is run by RoBone who specialise in teaching the foundation of modern science, electronics, machinery and robot science in a practical and fun way. Students will get the opportunity to take part in a Robotics competition in August 2017.	1100
School Production Rehearsals	3 - 9	For all students who are in the School Production (must attend both Tuesday and Wednesday School Production CCA)	Free
Spanish Club	3 - 5	This Spanish course will help students learn the Spanish alphabet, phonetics, reading, counting from 0 to 100 and basic conversations. Lessons will be given with more group activities such as playing games, videos and pictures as well. Students will also learn about Spanish culture, music, museums, food and geography for tourism purposes.	480LE
Table Tennis	3 - 5	Introducing table tennis rules for beginners, as well as coaching for players to develop their skills and techniques. Students will practise playing both single and doubles ping pong.	Free