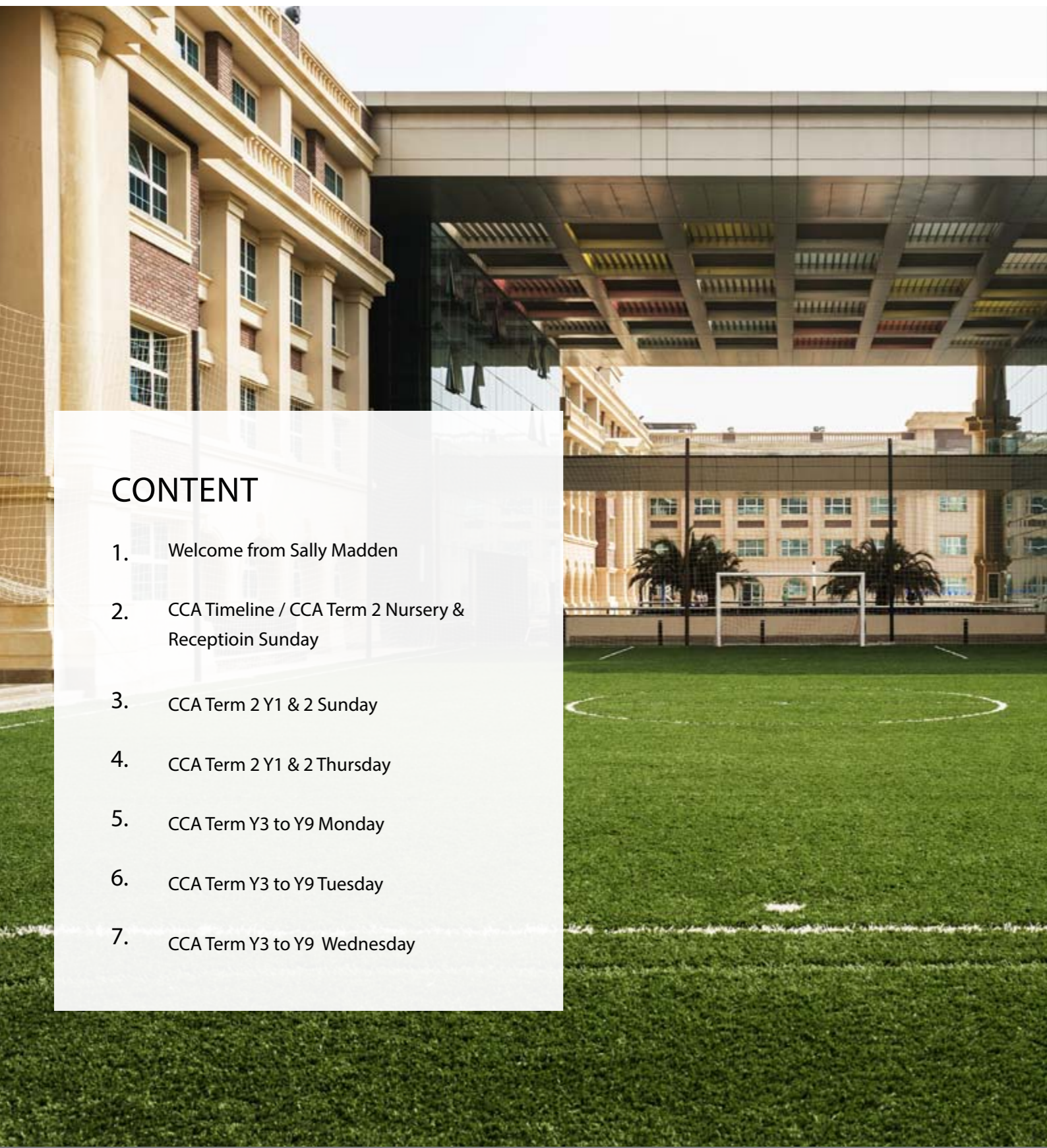




MALVERN
COLLEGE EGYPT

MCE CCA
TERM 2

BOOKLET INFO
FROM SALLY MADEN



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WELCOME FROM SALLY MADDEN

Dear Parents

I would like to thank everyone for their support with the Co-Curricular Activities programme in Term 1. The programme has now expanded to include more choices and the introduction of CCAs for Nursery and Reception on a Sunday. I am also pleased to announce the introduction of morning classes for parents who will be given the opportunity to take a fitness class or learn a new language. The parent programme offers a great social and enjoyable experience, with more activities planned for Term 3 and will be available for sign up the first week back after the December break

At Malvern College Egypt we believe in the importance of educating and supporting the whole child and recognise the needs for physical health, extra academic challenge and engagement. The schedule for Co-curricular activities can be seen below and include many new activities: learning a new language, playing an instrument, taking an art class, and others choosing to participate in physical activities such as football, ballet, Judo or swimming. We hope that all of the activities we offer will provide students with an opportunity to make some decisions, feel proud of themselves as they learn new things, experience challenge and make new friends outside of the classroom. Please think very carefully when choosing the activities you would like your child to participate in and remember that your child is making a commitment to attend every week for the whole term. Changes are not possible once the programme has started. Students in Nursery and Reception need to choose one activity on a Sunday. Students in Year 1 and 2 need to choose an activity on a Sunday and Thursday and Students in Year 3 to 9 need to choose an activity on a Monday, Tuesday and Wednesday from 3.10 – 4.20pm. It is no longer compulsory for students in Year 3 to 9 to choose Homework Club as one CCA. Where possible, we will try to allocate students to their first choice activity but please understand that this is not always possible because some activities have a limited number of spaces available.

Please note that CCAs provided by outside agencies have an associated cost, whilst CCAs provided by Malvern College staff do not.

I look forward to another exciting term of Co-Curricular activities at Malvern College starting in January.

With kind regards
Sally Madden

CCA TIMELINE

The timeline for the Co-Curricular Activity programme (CCA) for Term 2 is as follows:

Friday 16th December – The CCA programme is emailed to parents

Sunday 18th December – Choices will be available through the online system

Wednesday 21st December – CCA choices will close

Monday 9th January – Confirmation of student choices will be communicated with parents

Thursday 12th January – Payment deadline

Sunday 15th January – CCAs will begin and then run for 10 weeks.

Thursday 30th March – CCAs will finish for Term 2.

NURSERY & RECEPTION, 2.20 – 3.10PM SUNDAY. FEE: FREE

ACTIVITY: Fun games

DESCRIPTION: Students will develop their gross motor skills through a variety of fun team games.

TEACHER: Claire Driscoll

ACTIVITY: Talk for writing

DESCRIPTION: Exploring characters and plot of a story through role-play and hot-seating. Children will learn to sequence a story using actions to accompany the words.

TEACHER: Dalia Salama

ACTIVITY: Fun with Phonics

DESCRIPTION: Children will explore a different phonic sound every week through different activities including movies, games, craft and stories.

TEACHER: Laura Clark

ACTIVITY: Yoga

DESCRIPTION: Simple yoga exercises for relaxation and fun.

TEACHER: Lucy Koniarska

ACTIVITY: Film Club

DESCRIPTION: Children will enjoy a Disney film, answer questions, talk about the story and learn a valuable lesson afterwards. This will give them a chance to build their PSED and CL skills.

TEACHER: Miriam Sabra

ACTIVITY: Story books and Craft

DESCRIPTION: Children will enjoy sharing a story and will then have the opportunity to do a related craft activity, such as play dough modelling, colouring, cutting and sticking.

TEACHER: Sally Curtis



YEAR 1 AND 2, 2.20 – 3.10PM SUNDAY

ACTIVITY : Cosmic Yoga

DESCRIPTION: Yoga can help your kids with anxiety and stress. It's fun and great for balance, strength and confidence. For more information check out the website: <https://cosmickids.vhx.tv/>

TEACHER: Mrs Aspinall

FEE: Free

ACTIVITY : Ballet

DESCRIPTION: Ballet is a theatrical art form using dancing, music, and scenery to convey a story, theme, or atmosphere; dancing in which poses and steps are combined with light flowing figures. This dancing class is for girls of all abilities. The students will be working towards the show Cinderella to be performed in term 3.

TEACHER: Mr Bastros

FEE: 750 EGP

ACTIVITY : Keyboard Group

DESCRIPTION: This is an opportunity for students to practice simple pieces on the keyboard, learn some of the notes and master some of the basic keyboard skills.

TEACHER: Mrs Roshdy

FEE: Free

ACTIVITY : Robotics

DESCRIPTION: This is a specialist Robotics workshop for younger students. Learn all about robotics and how to send coded messages using simple circuits and build your own robot. This CCA is run by RoBone who specialise in teaching the foundation of modern science, electronics, machinery and robot science in a practical and fun way.

TEACHER: RoBone Instructors

FEE: 1350 EGP

ACTIVITY : Spanish

DESCRIPTION: This fun Spanish course run by the Cairo Language School will help students learn the alphabet, numbers from 0 to 60, days of the week, animals, fruits, vegetables and colours, foods, music and much more. Price includes a book and all students will receive a certificate on completion of the CCA.

TEACHER: Cairo Language School

FEE: 700 EGP



YEAR 1 AND 2, 2.20 – 3.10PM THURSDAY

ACTIVITY : Arabic

DESCRIPTION: For students who need help with Arabic homework, dictation and reading.

TEACHER: Ms Ibrahim & Ms Helmy

FEE: Free



ACTIVITY : Art Fun

DESCRIPTION: The Art Café are offering this unique opportunity to learn about many different art techniques from jewellery making and cake decorating to charcoal drawing, puppetry and origami. This is a fun CCA for students who like to be creative.

TEACHER: The Art Cafe

FEE: 1400 EGP



ACTIVITY : Football

DESCRIPTION: Football fun for all abilities. Practice shooting, dribbling, defending and attacking and enhance your football skills.

TEACHER: Ms Said

FEE: Free



ACTIVITY : French

DESCRIPTION: This fun French course run by the Cairo Language School will help students learn the French Alphabet, numbers from 0 to 60, days of the week, animals, fruits, vegetables and colours, foods, music and much more. All students will receive a certificate on completion of the CCA.

TEACHER: Cairo Language School

FEE: 700 EGP



ACTIVITY : Singing Group

DESCRIPTION: This singing class is for students who enjoy singing for fun.

TEACHER: Mrs Roshdy

FEE: Free

TERM 2 CO-CURRICULAR ACTIVITIES (CCAS) FOR YEAR 3 TO 9

MONDAY

Activity	Year groups	Description	Cost per Term
Animation and Film Club	3 - 5	Looking and learning about the Cinema and defining how animation and model making changed the face of film.	Free
Arabic Support	9	Support for the Ministry Exam.	Free
Band Practice	7 - 9	Open to anybody with a passion for music and inclination to be part of a group. Any form of instrumentalist welcome but having your own instrument is essential.	Free
Body Attack™	3 - 9	BODYATTACK™ is a high-energy fitness class with moves that cater for total beginners to total addicts.	1000
Community Club	6 - 9	Students will create and run fund-raising events in conjunction with House Captains and look at ways to promote community harmony within MCE.	Free
Drama and Poetry	6 - 9	Students will learn about different drama techniques and how to read, appreciate and feel a drama text and poetry in English	Free
Football for boys	6 - 9	Football fun for all abilities. Practice shooting, dribbling, defending and attacking and enhance your football skills	Free
Hip Hop	3 - 9	Learn to dance to hip hop music. This fun and active dance style will get students moving to Hip Hop style music. All ages and abilities welcome.	800
IGCSE Art Group	9	Please only sign up if you are taking IGCSE Art and would like some extra time to further develop your artwork (see Mr Faux for further details).	Free
Judo	3 - 9	A modern Martial Arts session run by the Ippon Academy. This is Judo for beginners or for students who already have some basic skills. Judo is a dynamic and fun combat sport that demands both physical prowess and great mental discipline. Please note: an additional cost of 750LE for a Judo outfit	1500
School Production Rehearsals	3 - 9	For all students who auditioned and were successful in getting a part in the School Production. Please see Mrs Marsh for more details.	Free
Spanish Club	3 - 9	This Spanish course run by the Cairo Language School will help students learn the Spanish alphabet, phonetics, reading, counting from 0 to 100 and basic conversations. Lessons will be given with more group activities such as playing games, videos and pictures as well. Students will also learn about Spanish culture, music, museums, food and geography for tourism purposes. All students will receive a certificate on completion of the CCA.	700
Touch Rugby	6 - 9	Touch Rugby is a version of Rugby which is less intense and does not include tackling or kicks.	Free
Yoga	3 - 9	A supportive and fun beginner Yoga class in which you are encouraged to be gentle with your body! Yoga offers an opportunity to explore your current status and then move beyond that to discover new depths within yourself.	950

Activity	Year groups	Description	Cost per Term
Advanced Science Club	8 - 9	Ever wanted to try an experiment in more depth? This club will involve extended experiments for our Year 8 and 9 scientists and the opportunity to complete a collaborative practical project to be shown at a mini-Science Fair at the end of term. Please see Mrs Maher before signing up.	Free
Arabic (Ministry) support	3 - 4	This is for students who wish to have additional support in Arabic homework, dictation and reading.	Free
Art Exploration	3 - 9	The Art Café are offering this unique opportunity to learn about many different art techniques from jewellery making and cake decorating to charcoal drawing, puppetry and origami. This is a fun CCA for students who like to be creative.	1650
Ballet dancing for girls	3 - 9	Ballet is a theatrical art form using dancing, music, and scenery to convey a story, theme, or atmosphere: dancing in which poses and steps are combined with light flowing figures. This dancing class is for girls of all abilities. The students will be working towards the show Cinderella to be performed in term 3.	700
Boxercise (for beginners)	6 - 9	Boxercise, a safe, effective and fun form of exercise suitable for all ages. It will help students to build stamina and improve their fitness levels.	800
Brain Training	3 - 6	Lots of fun activities to train the brain, using various puzzles and brain teasers which test your memory, attention, speed and problem solving abilities.	Free
Football for boys	3 - 5	Football fun for all abilities. Practice shooting, dribbling, defending and attacking and enhance your football skills.	Free
Homework Club (optional)	3 - 9	Students will be able to complete homework set by classroom teachers before taking a bus home. The teacher will assist with interpreting the instructions, giving advice on how to tackle the homework task. Organisational skills will be introduced such as: keeping a diary, overcoming procrastination and other issues preventing pupils from completing homework. The teacher will not however do the homework for the child.	Free
Karate	3 - 9	The Karate program will provide you with the foundations of karate techniques and build you up so that you are able to master more advanced moves. This program is perfect for you if you are trying to learn beginner or advanced Karate or just want to use Karate as a form of exercise.	Free
Keyboard (For beginners)	3 - 7	This Keyboard CCA is for all students who can read music but are still beginning to learn on the keyboard. It is an opportunity for students to further develop their keyboard skills and learn to play new pieces.	Free
Music Technology	7 - 9	For students who want to develop their music making abilities.	Free
Netball for girls	6 - 9	Netball is an exciting fast and fun game and in this CCA you will learn the rules and skills of the game.	Free
Robotics	5 - 9	A specialist Robotics workshop for older students. Learn about electric circuits, sending coded messages. Find out all about mechanics and how to build a simple car. This CCA is run by RoBone who specialise in teaching the foundation of modern science, electronics, machinery and robot science in a practical and fun way. Students will get the opportunity to take part in a Robotics competition in August 2017.	1400
Silly Science Club	6 - 7	The 'Silly' Science Club explores Science in a fun way. Come along and make 'goo' and ice-cream and fly paper planes without getting into trouble! You don't have to be a 'Mad Scientist', just mad about Science!	Free
Table Tennis	6 - 9	Introducing table tennis rules for beginners, as well as coaching for players to develop their skills and techniques. Students will practise playing both single and doubles ping pong.	Free
The Duke of Edinburgh's International Award Training	9	This is an Internationally recognised personal development programme open to students in Year 9 who have already signed up. The charge for this activity will include registration for the Online Record Book (ORB) and certificate on completion of the Bronze Award.	600

Activity	Year groups	Description	Cost per Term
Arabic Ministry Support	5 - 6	Additional support for the Ministry Exam in small classes.	Free
Athletics	3 - 9	Athletics is a collection of sporting events that involve competitive running, jumping, throwing and walking. In this CCA you will get the opportunity to learn different skills involved in Athletics.	Free
Body Balance	3 - 9	A very enjoyable activity and ideal for anyone and everyone. Body balance is a yoga-based class to improve your mind, your body and your life.	1000
Cartoon Direction	3 - 9	Cartoon Direction- run by RoBone who specialise in teaching the foundation of modern science, electronics, machinery and robot science in a practical and fun way. Learn about making cartoons and stories using simple programmes	1400
Choir	3 - 9	This is for all students who enjoy singing. Singing in the Malvern College choir teaches students basic musical skills, concepts and vocal production technique. It also helps students to develop professionalism, self-discipline, team-work and an appreciation for the arts. This term we will be working on part singing and musical numbers.	Free
Debating Club	8 - 9	Debating club designed to develop reasoning and speaking skills. Our expert coaching staff intensively train students who wish to take up public speaking on a competitive level in all forms of debates, i.e. MUN. The focus will be on developing students' presentation and advocacy skills and helping students to develop an understanding on how to plan a speech and how to build a strong and persuasive argument.	Free
Drama	5 - 9	This club will help to develop your confidence, personal expression and boost your self-esteem, communication and problem solving skills. Students will learn how to deal with emotions and will have an opportunity to encourage the creative mind by designing sketches and using various drama techniques: improvisation, comedy, tragedy, clown, comedy dell arte.	Free
Football for girls	3 - 9	Football fun for all abilities. Practice shooting, dribbling, defending and attacking and enhance your football skills.	Free
French	3 - 9	This French course run by the Cairo Language School will help students learn the French alphabet, phonetics, reading, counting from 0 to 100 and basic conversations. Lessons will be given with more group activities such as playing games, videos and pictures as well. Students will also learn about French culture, music, museums, food and geography for tourism purposes. All students will receive a certificate on completion of the CCA.	700
Golf	3 - 9	Practice your swing on a professional Golf Course at The Marriott Hotel - beginners to intermediate welcome (transport included in the price).	1000
Homework Club (optional), Year 3-9	3 - 9	Students will be able to complete homework set by classroom teachers before taking a bus home. The teacher will assist with interpreting the instructions, giving advice on how to tackle the homework task. Organisational skills will be introduced such as: keeping a diary, overcoming procrastination and other issues preventing pupils from completing homework. The teacher will not however do the homework for the child.	Free
Needlework & Crochet	4 - 7	Learn all about needlework techniques such as cross stitch, embroidery, needlepoint, crochet or tatting. Find out what supplies you need, how to prepare your materials and how to start stitching and how to stop. Get the basics of what the crochet pattern symbols really mean, how to transfer embroidery designs, how to thread your needle and more!	Free
Research Wellbeing in Different Contexts	8 - 9	Improve your well-being and find out more about yourself! You will investigate what well-being means in different contexts and present what you have found out.	Free
Table Tennis	3 - 5	Introducing table tennis rules for beginners, as well as coaching for players to develop their skills and techniques. Students will practise playing both single and doubles ping pong.	Free