WEEK 1

SUNDAY OCTOBER 23, 2016
SALAD Daily Bar
LINE A Pasta Bolognese, Vegetables
LINE B Rice, Sautéed Spinach, Herb Chicken, Mixed Veg
SANDWICHES Shish Tawook
DESSERT Fruit Salad

MONDAY OCTOBER 24, 2016
SALAD Daily Bar
LINE A Koshari
LINE B Spaghetti ala Olio, Meatloaf w/ Onion Sauce, Veg
SANDWICHES Grilled Chicken Wrap
DESSERT Cheesecake

TUESDAY OCTOBER 24, 2016
SALAD Daily Bar
LINE A Saffron Rice, Chicken Roll w/Veg, Wedges
LINE B Swiss Potatoes, Picatta Mushroom, Broccoli
SANDWICHES Crispy Chicken
DESSERT Fruit Jelly

WEDNESDAY OCTOBER 25, 2016
SALAD Daily Bar
LINE A Pasta Red Sauce, Chicken Panne, Veg
LINE B Rice w/ Veg, Roast Beef w/ Gravy
SANDWICHES Grilled Chicken Bun
DESSERT Mehalabiya w/ Caramelized Fruits

THURSDAY OCTOBER 24, 2016
SALAD Daily Bar
LINE A Rice, Shish Tawook, Vegetable Ragout
LINE B Pasta White Sauce, Chicken Mushrooms
SANDWICHES Roast Beef
DESSERT Banana / Nutella Crepe

WEEK 2

SUNDAY OCTOBER 30, 2016
SALAD Daily Bar
LINE A Oriental rice, Kofta Daawood Pasha, Green Beans
LINE B Grilled Potatoes, Chicken Mushroom Sauce, Veg
SANDWICHES Shish Tawook
DESSERT Fruit Salad

MONDAY OCTOBER 31, 2016
SALAD Daily Bar
LINE A Pasta White Sauce, Grilled Chicken, Vegetables
LINE B Biryani Rice, Chicken Tikka, Mixed Vegetables
SANDWICHES Grilled Chicken Wrap
DESSERT Fruit Trifle

TUESDAY NOVEMBER 01, 2016
SALAD Daily Bar
LINE A Rice, Chicken, Molokhia
LINE B Pasta Red Sauce, Grilled Kofta, Vegetables
SANDWICHES Crispy Chicken
DESSERT Fruit Salad / Donuts

WEDNESDAY NOVEMBER 02, 2016
SALAD Daily Bar
LINE A Rice, Zucchini Minced Meat / Gratin
LINE B Mexican Rice, Mexican Chicken, Vegetables
SANDWICHES Grilled Chicken Bun
DESSERT Chocolate Tiramisu

THURSDAY NOVEMBER 03, 2016
SALAD Daily Bar
LINE A Potato Gratin, Herb Chicken, Mixed Veg
LINE B Pasta Bolognese
SANDWICHES Roast Beef
DESSERT Fruit Salad
**LUNCH BEVERAGE:** Fresh Seasonal Juice

**SALAD BAR:** Daily: Cucumber, Tomato, Lettuce, Onion, Carrot, mixed Peppers, other seasonal ingredients
- + 2 sauces: Caeser, Vinaigrette, Italian, French, Pesto, Thousand Island
- + 1 ready salad from: Mixed Beans, Corn, Potato, Pasta, Coleslaw

**SANDWICHES:** Daily Make Your Own Sandwich
Veg + Cheese + Meat + Chicken + Condiments Selection
- + 1 ready Hot Sandwich from: Shish Tawook, Chicken Wrap, Oriental Kofta, Grilled Chicken Bun, Chicken Fajita

**MORNING SNACK:** Vegetable Sticks, Fruit Sticks, Tuc Biscuit or Tea Biscuit or Small Sandwich

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Substitute Sandwich for Hot Meal = same price

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**WEEK 3**

**SUNDAY NOVEMBER 6, 2016**

**SALAD** Daily Bar
**LINE A** Koshari
**LINE B** Stuffed Potatoes, Pan Fried Steak, Veg
**SANDWICHES** Shish Tawook
**DESSERT** Fruit Salad

**MONDAY NOVEMBER 7, 2016**

**SALAD** Daily Bar
**LINE A** Rice, Oriental Potatoes, Chicken on the bone
**LINE B** Pasta Pesto Cream Sauce, Grilled Chicken
**SANDWICHES** Grilled Chicken Wrap
**DESSERT** Carrot Cake

**TUESDAY NOVEMBER 8, 2016**

**SALAD** Daily Bar
**LINE A** Asian Noodles w/ Veg and Chicken
**LINE B** Jacket potatoes, beef strips w/gravy, broccoli
**SANDWICHES** Grilled Chicken Wrap
**DESSERT** Crispy Chicken

**WEDNESDAY NOVEMBER 9, 2016**

**SALAD** Daily Bar
**LINE A** Pasta White Sauce, Chicken Mushroom Sauce
**LINE B** Mexican Rice, Chicken Fajita, Grilled Vegetables
**SANDWICHES** Grilled Chicken Bun
**DESSERT** Cinnamon Roll

**THURSDAY NOVEMBER 10, 2016**

**SALAD** Daily Bar
**LINE A** Chicken Strips, French Fries
**LINE B** Beef Burger, French Fries
**SANDWICHES** Roast Beef
**DESSERT** Fruit Salad

**WEEK 4**

**SUNDAY NOVEMBER 13, 2016**

**SALAD** Daily Bar
**LINE A** White Rice, Roast Chicken, Molokhia
**LINE B** Mashed Potato + Mixed Meat Pie, Mixed Veg
**SANDWICHES** Shish Tawook
**DESSERT** Fruit Salad

**MONDAY NOVEMBER 14, 2016**

**SALAD** Daily Bar
**LINE A** Rice, Shish Kabab, Vegetables
**LINE B** Potato Wedges, St Germain Chicken, Mixed Veg
**SANDWICHES** Grilled Chicken Wrap
**DESSERT** Rice Pudding

**TUESDAY NOVEMBER 15, 2016**

**SALAD** Daily Bar
**LINE A** Pasta White Sauce, Grilled Chicken, Vegetables
**LINE B** Rice, Spinach Gratin, Beef Pepper Sauce
**SANDWICHES** Crispy Chicken
**DESSERT** Fruit Salad / Lemon Cake

**WEDNESDAY NOVEMBER 16, 2016**

**SALAD** Daily Bar
**LINE A** Rice, beef stew, peas & carrots
**LINE B** Mexican Rice, Chicken Fajita, Grilled Veg
**SANDWICHES** Daily Bar + Grilled Chicken Bun
**DESSERT** Cinnamon Roll

**THURSDAY NOVEMBER 17, 2016**

**SALAD** Daily Bar
**LINE A** Rice, Herb Zucchini, Chicken Strips
**LINE B** Meat Lasagne, Mixed Vegetables
**SANDWICHES** Grilled Chicken Bun
**DESSERT** Sweet Potatoes / Pumpkin Puree